



**Ultimate FIT CHICK**  
 502 West 2<sup>nd</sup> Street  
 Elmira, NY 14901  
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Ultimate **Fit Chick** presents....

# Kids Overnight Adventure

**Friday, August 20**

**3:00-5:00 PM-** Welcome. Kids will work together to set up a "long house" as sleeping quarters

**5:00-6:00 PM-** Camp Fire Dinner  
 Kids will roast hotdogs over a camp fire, baked beans, chips, watermelon, lemonade, etc.

**6:00-7:30 PM-** Mindful Nature Hike

**7:30-9:00 PM-** Outside Games and supervised free play in the yard

**9:00-10:00 PM-** Flash Light Tag

**10:00-11:00 PM** -Camp Stories around the fire and s'mores

**11:00 PM-** Lights out

**Saturday Morning, August 21**

**7:00 AM-** Wake Up

**7:30 AM-** Breakfast- pancakes over campfire

**8:30 AM-** Clean Up

**9:00 AM-** Pick-up

**Food and Flashlights Provided!**

*This experience is for kids who are at least 6 years old, not afraid to sleep away from home.*

**When:** August 20- 21, 2021

**Drop Off:** 3:00 PM  
 Friday, Aug. 20<sup>th</sup>

**Pick Up:** 9:00 AM Saturday Aug. 21<sup>st</sup>

**Where:** Ultimate Fit Chick  
 502 West 2<sup>nd</sup> Street. Elmira, NY 14901

**Cost:** \$100.00/camper



**USE the QR Code to Register Today!**



## Kids Need to Bring:

- Sleeping Bag & Pillow
- PJs/Change of Clothes
- Bug Spray
- Packed dinner/breakfast if they don't like what's on the menu.